

# Protect

Protect is designed to cooperate with your innate defense mechanism - the Immune System. Protect contains Beta-glucans also known as Wellmune®. It is an important component that the body can not produce itself and must be added through the diet. Wellmune® is a natural ingredient that is extracted from yeast. Protect is the result of many years of thorough clinical studies.



## Key notes

- Contains Wellmune® beta glucan which enhances the body's normal **immune function**.
- More than 260 million € - invested in development, research and clinical studies by leading university and government institutions
- Protected by more than 40 patents
- Documented by nine clinical studies

<http://www.wellmune.com/>

# Protect

Protect contains 60 capsules

**Recommended daily dose:** Adults and children over 12 years - one capsule daily. Do not exceed the recommended intake.

**Storage:** Store in a cool, dry place out of reach for children.

**Notice:** Food supplements should not be used as a substitute for varied and balanced diet and healthy lifestyle. If you are pregnant or breastfeeding - consult your doctor before use.

## FAQ Protect

### What is the beta glucan ingredient in Protect?

The ingredient in Protect is called Wellmune WGP, it is a natural ingredient, a beta 1,3/1,6 glucan from a proprietary strain of baker's yeast. The term "beta glucan" can be confusing because there are many sources of beta glucans (yeast, oats, barley, algae) with widely different health benefits. For example, oat beta glucans are known for cholesterol management properties while yeast beta glucans are identified with immune health. But research shows that even among yeast beta glucans, slight differences in chemical structure can affect biological activity. There are nine clinical studies that support the safety and efficacy of Wellmune WGP. This science cannot be applied to other yeast beta glucans.

### When should I take Protect?

Protect should be taken daily to provide immune benefits. The reason is linked to Wellmune WGP's unique mechanism of action. Wellmune WGP works by safely boosting neutrophils, the most abundant immune cells in the body, without over stimulating the immune system. The average life span of a neutrophil is approximately 24-36 hours, so it is important to continually take Protect to boost new immune cells that the body is constantly producing.

### Do I find Beta glucans in normal food?

No, 1,3/1,6 beta glucans with immune effect are not found in foods. But 1,3/1,4 beta glucans are found in cereals such as oats. These have effect on cholesterol management properties, and are dietary fibers that support the gut, but have no immune function.

### Are there people who should't take Protect?

Anyone who has received an organ transplant should be cautious. This is theoretically a risk group, even though pre-clinical tests have not found any problems.

### Does Protect have any side effects?

No.

### What happens if I take too much?

If you take a month's worth of Protect all at once, you may experience a slight laxative effect.

### What happens if I take miss a dose?

Don't worry, the effects of Protect continue for a day or so after missing a dose.

### How long does it take before Protect starts to work?

Protect has an effect after 48 hours.

## SUPPLEMENT FACTS

Serving Size: 1 capsule

Serving per container: 60

Amount per serving	200 mg
* Wellmune Bakers Yeast Beta Glucan (Naturally derived from <i>Saccharomyces cerevisiae</i> )	200 mg
Other ingredient: microcrystalline cellulose (capsules)	200 mg

Wellmune™

**INGREDIENTS:** BETA GLUCAN FROM BAKER'S YEAST, MICROCRYSTALLINE CELLULOSE, BOVINE GELATIN.

Zinzino Sweden  
Hulda Lindgrens gata 8  
421 31 Västra Frölunda  
Sweden

Customerservice: +46 31- 771 71 68  
Partnersupport: +46 31- 771 71 51  
Customerservice: info@zinzino.com  
Partnersupport: support.se@zinzino.com

Zinzino USA  
Zinzino LLC  
1200 University Blvd. Ste 220  
Jupiter FL 334 58

Customer care line: (561) 203-1767  
email: USA@zinzino.com